



Naseby Project Badge

Beavers Activity 3

Activity 3

At the Battle of Naseby, the Roundheads, led by Oliver Cromwell, won the battle. This was because of many reasons, but one of the main reasons was the New Model Army.

The New Model Army soldiers were very well-trained and organized, which made them strong in battles. They also wore matching uniforms, so they looked the same and worked together as a team. Their leaders were chosen because they were good at their jobs, not just because they were rich or important.

The New Model Army was the beginning of the British army we know today.

For this activity, the Beavers will get a glimpse into what it would be like to be in the New Model Army for a day.

First, the Beavers will need to pack a rucksack for a day's training hike. Then, they will try cooking over fires (Backwoods Cooking), which is how the New Model Army would feed themselves before, during, and after battles.

Part One – Pack a Rucksack

Whenever soldiers go out for a day, they need to know what items to carry. This activity will help the Beavers learn what to pack in a rucksack for a day's training.

In lodges, discuss what to take for the day, pack the equipment into the rucksack, and get the Beavers to try on the rucksack to see how heavy it is.

Below is a suggested list of what to include, as well as extra items that are not really needed. See if the Beavers can pick out the correct items:

- Food
- Full Water Bottle
- Waterproofs
- Sun Hat
- Torch
- Football
- Wash Kit
- Sleeping Bag
- Book
- Teddy Bear
- Hairbrush
- Camp Blanket
- Pillow
- Washing Up Bowl



Part Two – Backwoods Cooking

During the English Civil War, including the Battle of Naseby, soldiers cooked their food on open fires, and now the Beavers have the opportunity to cook like soldiers in the English Civil War.

During the English Civil War, soldiers ate simple foods.

- Bread
- Cheese
- Dried peas
- Salt beef or pork
- Flour or long-lasting biscuits

They also ate whatever else they could find or buy.

The Beavers need to try cooking food like the soldiers did. They could make a stew or cook their favourite snacks over a fire.

For example, they could try making:

- A simple stew with vegetables and meat
- Roasting marshmallows or sausages on sticks
- Baking bread or biscuits over the fire

This will help them learn how soldiers cooked their food during the English Civil War.