

Explorers Scouting at Home Resource Pack

Part 4 May 2020

NAME _____

UNIT NAME _____

Introduction

This pack has been designed to aid Explorers in the completion of Badgework at home whilst regular meetings are unable to be held.

There will be new skills and badges realised every two weeks throughout this period of restriction to face to face meetings.

The pack includes the following badges / skills:

- Global Issues Badge
- Are you Laundry Savvy?

When you have finished all or some of the badge please hand this pack back to your leaders who can review it to make sure you have gained your badges for all your hard work.

By completing badges / skills at home the county is going to present all young people who partake with an additional one-off badge that can be worn on your uniform.

Global Issues Badge



Badge Aim

The Scouts are proud to support the Global Goals. Join us, take an active role in making our world a better, more sustainable environment.

Badge Requirements

Could you use current situation we are in as a theme.

1. Complete three of these activities: (use the yellow ones and pick either c or e)
 - a. Spend three days living on food that costs no more than £2 a day. Share with others about how it went including a top tip for cooking meals with so little money. This could be a discussion, blog, video diary.
 - b. Visit a homeless shelter, foodbank or other social enterprise in your local community and consider the challenges faced by homeless people and what factors lead to homelessness.
 - c. Explore various media sources to find information about migration and immigration. Review what you find and discuss your thoughts and feelings about the information and how this issue is perceived at a local and global level with your Unit.
 - d. Individually or as a group compare youth issues in the UK with the same issues in another country, such as voting age, access to education or youth services. Create a presentation on what you have learnt.
 - e. Deliver a game or activity to others about a global issue that you feel passionate about and explore what small action you could take to have a positive impact on that issue (sign a petition, write to your MP, raise awareness).
2. Reflect on the three activities you have completed and consider how each has contributed to the Global Goals and what your next steps could be.

New Skill to Try.

Are you laundry savvy?

This week's skill / challenge is to learn how laundry capable you are.

The idea is for you to firstly try your hand at doing some of you own washing the old-fashioned way, then to learn how to use your own washing machine to do a load and compare your results. You should consider time and how clean the laundry you washed is.

How to hand wash.

Things to remember,

Don't mix whites with colours. Split colours into light and dark. Make sure you post your pictures on your social media pages [#scoutsarelaundrysavvy](https://twitter.com/scoutsarelaundrysavvy)

Step 1: Read the Lable

Read the garment label for specific product recommendations regarding hand-washing clothes. Then choose the best detergent for hand-washing clothes. If no care label exists, choose a mild detergent or dishwashing liquid.



Step 2: Fill a Tub with Water

Fill a small tub or sink with water at the temperature recommended on the care label. If no care label exists, choose cool to lukewarm water. Add about a teaspoon of detergent. You may need more detergent if you are hand-washing a large item or multiple items.



Step 3: Submerge and Soak

Submerge the garment in the soapy water and soak. Use gentle movements to swish the item through the sudsy water. Avoid scrubbing or twisting actions that can stretch or damage the fabric. Gently swish the garment through the sudsy water until the item is clean. You can find hand-washing clothes tools, but unless you're hand-washing regularly, it's not necessary.

Step 4: Rinse and Repeat

Drain the sink or tub, and refill it with cool rinse water. Push the garment up and down in the water until all soap is removed. If you're unsure, sniff the garment to make sure it is no longer scented. Repeat the process with clean water if necessary.

Using your washing Machine.

Things to remember,

All washing machines are different you should ask your parent or guardian how to use it properly.



Supporting documents / videos.

<https://education.abc.net.au/web/splash#!/media/2922624/washing-clothes-in-the-older-days>